

MTR Kicks off Second “Worker Health and Well-being Month”

MTR Corporation launched the second ‘Worker Health and Well-being Month’ this May. All major railway project sites (West Island Line, South Island Line (East), Express Rail Link, Kwun Tong Line Extension, Shatin to Central Link) will be visited by a mobile clinic. This meaningful initiative is a collaboration between the MTR Corporation, contractors of the new railway projects, QBE Hong Kong & Shanghai Insurance Limited and Department of Community Medicine of the University of Hong Kong with a view to providing on-site health screening for construction workers and raising their awareness of ways to stay healthy.

The health screening includes tests on hearing, cholesterol and blood sugar levels, body mass index, waist to hip ratio, blood pressure and lung function test (peak flow and exhaled carbon monoxide level). A personal health counselling session will also be provided to each worker following the health screening to achieve bigger impact in changing their unhealthy habit and lifestyle in particular on quitting smoking.

The programme will reach out to 37 sites during the month of May with the use of an MTR vehicle that has been specially modified to serve as the mobile clinic. The health screening and counselling service will be available to around 2100 workers. An additional “Worker Health and Well-being Month” has been planned in October 2014 to cater for those workers who might miss out this month. This year MTR Corporation is partnering with Department of Real Estate and Construction of the University of Hong Kong to conduct a study on alcohol consumption amongst construction workers for the benefit of the entire industry.

“A healthy workforce is essential for the development of the five new railway projects. I am pleased we are joining hands with the industry in our ‘Work Health and Well-being Month’ to raise health awareness among workers to ensure a sustainable working force for the construction industry,” said Mr Jay Walder, Chief Executive Officer of the MTR Corporation.

Organisations pursuing the interest of workers are invited to join the programme to offer their service to the participating workers. These include the Association for the Rights of Industrial Accident Victims and the Hong Kong Construction Industry Employees General Union, both of which will set up their own booths at the site to promote health awareness of the construction workers.

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Photo Caption:

1. The programme of the “Worker Health and Well-being Month” this May will reach out to 37 sites with the use of an MTR vehicle specially modified to serve as a mobile clinic.



2. Health screening and personal counselling session will be provided to workers of the contractors of MTR’s five new railway projects.

